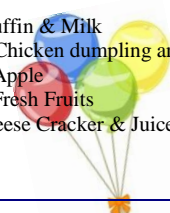



Jan 2023 Academy's Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">30</p> <p>AM: Muffin & Milk Lunch: Fried noodle with ground Turkey and Green Beans Fresh Fruits PM: Cheese Cracker & Juice</p>	<p style="text-align: right;">31</p> <p>AM: Muffin & Milk Lunch: Chicken dumpling and vege Apple Fresh Fruits PM: Cheese Cracker & Juice</p> 			
<p style="text-align: right;">2</p> <p style="text-align: center;">School will be closed for New Year Holiday</p>	<p style="text-align: right;">3</p> <p>AM: Chocolate cookie & milk Lunch: Chicken nuggets, rolls & Veg Apple P.M: Wheat Thin & Juice</p>	<p style="text-align: right;">4</p> <p>AM: Fruit Loop & Milk Lunch: Chicken Burritos And Vege Fresh Orange/apple PM: Fish Cracker & juice</p>	<p style="text-align: right;">5</p> <p>AM: Graham Cracker & Milk Lunch: Fried Rice with Ground Turkey and Tomato Pineapple cup PM: Townhouse cracker & Juice</p>	<p style="text-align: right;">6</p> <p>A.M: Saltine Cracker with cheese & Milk Lunch: Chicken patty w/chees & Bun, Cucumber & Dip Banana PM: Animal Cracker & Juice</p>
<p style="text-align: right;">9</p> <p>AM: Muffin & Milk Lunch: Alfredo Pasta w/ turkey & Veg. Fresh Fruits PM: Cheese Cracker & Juice</p>	<p style="text-align: right;">10</p> <p>AM: Chocolate cookie & milk Lunch: Fish Sticks & Roll Broccoli Peach Cup P.M: Wheat Thin & Juice</p>	<p style="text-align: right;">11</p> <p>AM: Fruit Loop & Milk Lunch: Fish Stick and Rice w/ veg Fresh Orange/apple PM: Fish Cracker & juice</p>	<p style="text-align: right;">12</p> <p>AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Pineapple cup PM: Townhouse cracker & Juice</p>	<p style="text-align: right;">13</p> <p>A.M: Saltine Cracker with cheese & Milk Lunch: Chicken salad Sandwich with carrot sticks & dip Banana PM: Animal Cracker & Juice</p>
<p style="text-align: right;">16</p> <p>AM: Muffin & Milk Lunch: Fried noodle with ground Turkey and Green Beans Fresh Fruits PM: Cheese Cracker & Juice</p>	<p style="text-align: right;">17</p> <p>AM: Chocolate cookie & milk Lunch: Ham & Chees Roll Vege Pineapple cup PM: Townhouse cracker & Juice</p>	<p style="text-align: right;">18</p> <p>AM: Fruit Loop & Milk Lunch: Dice Ham and Egg w/rice Enriched Roll Fresh Apple/Orange PM: Fish Cracker & Juice</p>	<p style="text-align: right;">19</p> <p>AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Vege over Rice Pineapple cup PM: Townhouse cracker & Juice</p>	<p style="text-align: right;">20</p> <p>A.M.: Saltine Cracker with cheese & Milk Lunch: Turkey ham Sandwich with Cucumber Sticks & dip Banana PM: Animal Cracker & Juice</p>
<p style="text-align: right;">23</p> <p>Lunch: Spaghetti with ground turkey Broccoli Fresh Fruit PM: Cheese Cracker & Juice</p>	<p style="text-align: right;">24</p> <p>AM: Chocolate cookie & milk Lunch: Chicken Nugget, veg & Rolla Pineapple cup PM: Townhouse cracker & Juice</p>	<p style="text-align: right;">25</p> <p>AM: Fruit Loop & Milk Lunch: Spaghetti and w/turkey Veg, Fresh Orange/apple PM: Fish Cracker & juice</p>	<p style="text-align: right;">26</p> <p>AM: Graham Cracker & Milk Lunch: Curry Chicken with Potato, Carrot over rice Pineapple cup PM: Townhouse cracker & Juice</p>	<p style="text-align: right;">27</p> <p>A.M.: Saltine Cracker with cheese & Milk Lunch: Turkey ham Sandwich with Cucumber Sticks & dip Banana PM: Animal Cracker & Juice</p>

Milk will be provided on every Lunch

FEB 2023 ACADEMY'S MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Pound Cake & Milk Lunch: Lunch: Fish Stick & Roll Peas Apple PM: Fish Cracker & juice	2 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Pineapple Cup PM: Townhouse cracker & Juice	3 A.M.: Saltine Cracker with cheese & Milk Lunch: Sloppy Joe and bun Cucumber Sticks & dip Banana PM: Animal Cracker & Juice
6 AM: Muffin & Milk Lunch: Fried noodle with ground Turkey and Green Beans Peach Cup PM: Cheese Cracker & Juice	7 AM: Chocolate cookie & milk Lunch: Chicken Dumplings & Veg Orange P.M: Wheat Thin & Juice	8 AM: Pound Cake & Milk Lunch: Pot Sticker & Green Bean Apple PM: Fish Cracker & juice	9 AM: Graham Cracker & Milk Lunch: Fried Rice with Ground Turkey and Mixed Veg. Pineapple Cup PM: Townhouse cracker & Juice	10 A.M: Saltine Cracker with cheese & Milk Lunch: Sandwich with ham & Cheese, Cucumber & Dip Banana PM: Animal Cracker & Juice
13 AM: Muffin & Milk Lunch: Fried Noodle w/ turkey & Veg. Peach Cup PM: Cheese Cracker & Juice	14 AM: Chocolate cookie & milk Lunch: Chicken chimichanga Cucumber w/dip Orange P.M: Wheat Thin & Juice	15 AM: Pound Cake & Milk Lunch: Egg Noodle w/chicken soup & spinach Apple PM: Fish Cracker & juice	16 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Pineapple Cup PM: Townhouse cracker & Juice	17 A.M: Saltine Cracker with cheese & Milk Lunch: Chicken salad sandwich Carrot Sticks and dip Banana PM: Animal Cracker & Juice
20 AM: Muffin & Milk Lunch: Noodle with meat balls And Green Bean Peach Cup PM: Cheese Cracker & Juice	21 AM: Chocolate cookie & milk Lunch: Fish Stick & Roll Peas Orange P.M: Wheat Thin & Juice	22 AM: Pound Cake & Milk Lunch: Ham and cheese rolls Cucumber w/ dip Apple PM: Fish Cracker & juice	23 AM: Graham Cracker & Milk Lunch: Turkey and Tomato w/ rice Pineapple Cup PM: Townhouse cracker & Juice	24 A.M: Saltine Cracker with cheese & Milk Lunch: Sandwich with ham & Cheese, Cucumber & Dip Banana PM: Animal Cracker & Juice
27 AM: Muffin & Milk Lunch: Spaghetti w/turkey And Green Bean Peach Cup PM: Cheese Cracker & Juice	28 AM: Chocolate cookie & milk Lunch: Pizza Broccoli Orange P.M: Wheat Thin & Juice			

Milk will be provided on every Lunch