



## Academy May 2023 Menu








Monday	Tuesday	Wednesday	Thursday	Friday
1 AM: Muffin & Milk Lunch: Macaroni and Cheese & Veg. Fresh Fruits PM: Cheese Cracker and Juice	2 AM: Chocolate cookie & milk Lunch: Spaghetti with ground turkey Broccoli Honey Dew P.M: Wheat Thin & Juice	3 AM: Pound Cake & Milk Lunch: Burritos and Vege Fresh Orange PM: Fish Cracker & juice	4 AM: Graham Cracker & Milk Lunch: Turkey Corn over Rice Apple PM: Townhouse cracker & Juice	5 A.M: Saltine Cracker with cheese & Milk Lunch: Turkey & Cheese Sandwich Cucumber &Banana PM: Animal Cracker & Juice
8 AM: Muffin & Milk Lunch: Fried noodle with ground Turkey and Green Beans Fresh Fruits PM: Cheese Cracker & Juice	9 AM: Chocolate cookie & milk Lunch: Chicken Nuggets & Roll Veg Honey Dew P.M: Wheat Thin & Juice	10 AM: Pound Cake & Milk Lunch: Fish Sticks, Roll and Vege Fresh Orange PM: Fish Cracker & juice	11 AM: Graham Cracker & Milk Lunch: Fried Rice with Ground Turkey and Mixed Veg. Apple PM: Townhouse cracker & Juice	12 Lunch: Sandwich with ham & Cheese, Cucumber & Dip Banana PM: Animal Cracker & Juice
15 AM: Muffin & Milk Lunch: Fried Noodle w/ turkey & Veg. Fresh Fruits PM: Cheese Cracker & Juice	16 AM: Chocolate cookie & milk Lunch: Chicken chimichanga Cucumber w/dip Honey Dew P.M: Wheat Thin & Juice	17 AM: Pound Cake & Milk Lunch: Egg Noodle w/chicken soup & spinach Fresh Orange PM: Fish Cracker & juice	18 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, tomato over Rice Apple PM: Townhouse cracker & Juice	19 A.M: Saltine Cracker with cheese & Milk Lunch: Chicken salad sandwich Carrot Sticks and dip Banana PM: Animal Cracker & Juice
22 AM: Muffin & Milk Lunch: Pasto Alfredo with ground turkey Fresh Fruits PM: Cheese Cracker & Juice	23 AM: Chocolate cookie & milk Lunch: Chicken Nugget & Enriched Roll Honey Dew P.M: Wheat Thin & Juice	24 AM: Pound Cake & Milk Lunch: Pizza Cucumber w/ dip Fresh Orange PM: Fish Cracker & juice	25 AM: Graham Cracker & Milk Lunch: Turkey Corn over Rice Apple PM: Townhouse cracker & Juice	26 A.M.: Saltine Cracker with cheese & Milk Lunch: Sloppy Joe and bun Cucumber Sticks & dip Banana PM: Animal Cracker & Juice
29 <b><i>School will be closed for the observation of Memorial Day</i></b>	30 AM: Chocolate cookie & milk Lunch: Spaghetti with ground turkey Broccoli Honey Dew P.M: Wheat Thin & Juice	31 AM: Pound Cake & Milk Lunch: Dice ham and eggs with Roll Mix Veg. Fresh Orange PM: Fish Cracker & juice		

Milk will be provided on every Lunch

# HAPPY FATHER'S DAY!

## Academy June 2023 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				
AM: Muffin & Milk Lunch: Spaghetti w/turkey Broccoli Fresh Fruit PM: Cheese Cracker & Juice	AM: Chocolate cookies & milk Lunch: Pizza Cucumber w/dip Honey Dew P.M: Wheat Thin & Juice	AM: Pound Cake & Milk Lunch: Chicken Nugget & roll With Vege Fresh Orange PM: Fish Cracker & juice	AM: Graham Cracker & Milk Lunch: Turkey Corn over Rice Apple PM: Townhouse cracker & Juice	A.M: Saltine Cracker with cheese & Milk Lunch: Ham & Cheese Sandwich Carrot sticks & dip Banana PM: Animal Cracker & Juice
5	6	7	8	9
AM: Muffin & Milk Lunch: Fried Noodle w/ turkey & Veg. Fresh Fruits PM: Cheese Cracker & Juice	AM: Chocolate cookies & milk Lunch: Chicken chimichanga Cucumber w/dip Honey Dew P.M: Wheat Thin & Juice	AM: Pound Cake & Milk Lunch: Egg Noodle w/chicken soup & spinach Fresh Orange PM: Fish Cracker & juice	AM: Graham Cracker & Milk Lunch: Turkey & Gravy, tomato over Rice Apple PM: Townhouse cracker & Juice	A.M: Saltine Cracker with cheese & Milk Lunch: Ham and cheese sandwich Cucumber & dip, Banana PM: Animal Cracker & Juice
12	13	14	15	16
AM: Muffin & Milk Lunch: Pasto Alfredo with ground turkey Fresh Fruits PM: Cheese Cracker & Juice	AM: Chocolate cookies & milk Lunch: Spaghetti with ground turkey Broccoli Honey Dew P.M: Wheat Thin & Juice	AM: Pound Cake & Milk Lunch: Dice ham and eggs with Roll Mix Veg. Fresh Orange PM: Fish Cracker & juice	AM: Graham Cracker & Milk Lunch: Turkey Corn over Rice Apple PM: Townhouse cracker & Juice	A.M.: Saltine Cracker with cheese & Milk Lunch: Sloppy Joe and bun Cucumber Sticks & dip Banana PM: Animal Cracker & Juice
19	20	21	22	23
AM: Muffin & Milk Lunch: Fried Noodle w/ turkey And Vege Fresh Fruit PM: Cheese Cracker & Juice	AM: Chocolate cookies & milk Lunch: Spaghetti with ground turkey Broccoli Honey Dew P.M: Wheat Thin & Juice	AM: Pound Cake & Milk Lunch: Ham & Cheese pocket w/ peas Fresh Orange PM: Fish Cracker & juice	AM: Graham Cracker & Milk Lunch: Chicken Curry w/Carrot And potato over rice Apple PM: Townhouse cracker & Juice	A.M.: Saltine Cracker with cheese & Milk Lunch: Corn Dog Cucumber Sticks & dip Banana PM: Animal Cracker & Juice
26	27	28	29	30

Milk will be provided on every Lunch