



Sept 2020 Academy's Menu



Monday	Tuesday	Wednesday	Thursday	Friday
31 AM: Muffin & Milk Lunch: Fried with Chicken & Tomato sauce Vege Peach Cup PM: Cheese Cracker & Juice	1 AM: Townhouse Cracker & Milk Lunch: Pizza and Vege. Apple sauce PM: Wheat Thin & Juice	2 AM: Cereal & Milk Lunch: Chicken Pattie & Bun with Cheese Vege. Pineapple Cup PM: Fish Cracker & Juice	3 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Mixed Fruit Cup PM: Townhouse cracker & Juice	4 A.M.: Saltine Cracker with cheese & Milk Lunch: Turkey ham Sandwich with Cucumber Sticks & dip Banana PM: Animal Cracker & Juice
7 <i>School will be closed for the observation of Labor Day</i>	8 AM: Townhouse Cracker & Milk Lunch: Fish Stick Cucumber & Dip Roll Apple sauce P.M: Wheat Thin & Juice	9 AM: Pound Cake & Milk Lunch: Hamburger Casserole w/vege Pineapple cup PM: Fish Cracker & juice	10 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Tomato over Rice Mixed Fruit Cup PM: Townhouse cracker & Juice	11 A.M: Saltine Cracker with cheese & Milk Lunch: Corn Dog Carrot Sticks & dip Banana PM: Animal Cracker & Juice
14 AM: Muffin & Milk Lunch: Chicken Noodle & soup W/Veg Peach Cup PM: Cheese Cracker & Juice	15 AM: Townhouse Cracker & Milk Lunch: Chicken Nugget & Roll Mix Veg. Apple Sauce P.M: Wheat Thin & Juice	16 AM: Pound Cake & Milk Lunch: Spaghetti with ground turkey Broccoli PM: Fish Cracker & juice Pineapple cup	17 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Mixed Fruit Cup PM: Townhouse cracker & Juice	18 A.M: Saltine Cracker with cheese & Milk Lunch: Sloppy Joe & Bun Cucumber sticks & dip Banana PM: Animal Cracker & Juice
21 AM: Muffin & Milk Lunch: Mac & Cheese w/veg Peach Cup PM: Cheese Cracker & Juice	22 AM: Townhouse Cracker & Milk Lunch: Spaghetti with ground turkey Broccoli Apple Sauce P.M: Wheat Thin & Juice	23 AM: Pound Cake & Milk Lunch: Turkey Ham & Cheese Pocket Cucumber w/ dip Pineapple cup PM: Fish Cracker & juice	24 AM: Graham Cracker & Milk Lunch: Curry Chicken w/potato & Carrot over rice Mixed Fruit Cup PM: Townhouse cracker & Juice	25 A.M.: Saltine Cracker with cheese & Milk Lunch: Turkey ham Sandwich with Cucumber Sticks & dip Banana PM: Animal Cracker & Juice
28 AM: Muffin & Milk Lunch: Fried noodle with ground Turkey and Green Beans Peach Cup PM: Cheese Cracker & Juice	29 AM: Townhouse Cracker & Milk Lunch: Chicken Pot Stickers w/veg Apple Sauce P.M: Wheat Thin & Juice	30 AM: Pound Cake & Milk Lunch: Egg Noodle w/chicken soup & spinach Pineapple cup PM: Fish Cracker & juice		

Milk will be provided on every Lunch



Oct 2020 Academy's Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
5 AM: Muffin & Milk Lunch: Hamburger casserole w/ vege Peach Cup PM: Cheese Cracker & Juice	6 AM: Chocolate cookie & milk Lunch: Diced turkey ham & eggs with Peas and rice Apple Sauce P.M: Wheat Thin & Juice	7 AM: Fruit Loop & Milk Lunch: Fish Stick & Corn Roll Mixed Fruit Cup PM: Fish Cracker & juice	8 AM: Graham Cracker & Milk Lunch: Fried Rice with Ground Turkey and Mixed Veg. Pineapple cup PM: Townhouse cracker & Juice	9 AM: Saltine Cracker with cheese & Milk Lunch: Chicken patty w/cheese & Bun, Banana PM: Animal Cracker & Juice
12 AM: Muffin & Milk Lunch: Alfredo Pasta w/ turkey & Veg. Peach Cup PM: Cheese Cracker & Juice	13 AM: Chocolate cookie & milk Lunch: Chicken dumpling Broccoli Apple Sauce P.M: Wheat Thin & Juice	14 AM: Fruit Loop & Milk Lunch: Egg Noodle w/chicken soup & spinach Mixed Fruit Cup PM: Fish Cracker & juice	15 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Pineapple cup PM: Townhouse cracker & Juice	16 AM: Saltine Cracker with cheese & Milk Lunch: Chicken salad Sandwich Banana PM: Animal Cracker & Juice
19 AM: Muffin & Milk Lunch: Fried noodle with ground Turkey and Green Beans Peach Cup PM: Cheese Cracker & Juice	20 AM: Chocolate cookie & milk Lunch: Chicken Burritos & Veg Apple Sauce P.M: Wheat Thin & Juice	21 AM: Fruit Loop & Milk Lunch: Pizza and vege PM: Fish Cracker & juice	22 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, tomato over Rice Pineapple cup PM: Townhouse cracker & Juice	23 A.M.: Saltine Cracker with cheese & Milk Lunch: Turkey ham Sandwich Banana PM: Animal Cracker & Juice
26 AM: Muffin & Milk Lunch: Macaroni and Cheese & Veg. Peach Cup PM: Cheese Cracker and Juice	27 A: Chocolate cookie & milk Lunch: Ham and Cheese Pocket Broccoli Apple Sauce P.M: Wheat Thin & Juice	28 AM: Fruit Loop & Milk Lunch: Chicken Nugget & Roll Mix Veg. Mixed Fruit Cup PM: Fish Cracker & juice	29 AM: Graham Cracker & Milk Lunch: Turkey & Gravy, Corn over Rice Pineapple cup PM: Townhouse cracker & Juice	30 A.M.: Saltine Cracker with cheese & Milk Lunch: Turkey ham Sandwich Banana PM: Animal Cracker & Juice

Milk will be provided on every Lunch